



**Roxy Rapedius**  
**Executive Wellness & Mindset Coach**

Roxy Rapedius is a #1 best-selling published author and lives happily with her husband in Hamilton ON Canada. Roxy's decades of professional experience include progressively increasing responsibility and measurable positive results. The significant and unique skills built through these roles have enabled Roxy to easily move to her entrepreneurial role of CEO and Executive Wellness & Mindset Coach where she empowers individuals through change, transition, and transformation.

As CEO of Life Coach With Roxy, she approaches her work and life as an established leader who gets results. Roxy has a plethora of experience across different industries. Her current focus and passion are helping people to realize their spiritual tools to achieve success. Roxy is very passionate and dedicated to enhancing the lives of those she touches by helping them reach their goals. Roxy believes that wellness matters in every aspect of our life: physical health, environmental (including our home, our community, and the world itself), personal/work life, and financial. Roxy has a curiosity and keen desire to always further expand her knowledge and acumen to reach greater heights in serving others as a leader in business and life.

You can visit her online at [www.wellnesswithroxy.com](http://www.wellnesswithroxy.com)  
<https://linktr.ee/Lifecoachwithroxy>